

SPA MENU



WELCOME TO THE TANNENHOF SPA

Natural materials and selected products from the Tyrolean Alps create in our 500 sqm SPA a special atmosphere of calmness and relaxation.

In addition to our first-class massage and beauty treatments you will find a 75 sqm pool with counter flow jets, an indoor and an outdoor sauna with picturesque view, steam bath, Jacuzzi® and a spacious SPA lounge.

The offer is completed by a gym with Technogym® and Powerplate® equipment. In the entire SPA area, we offer a variety of teas, soft drinks, fresh water and small snacks.

The SPA area is laid out for six people and the opening hours are from 8.00 am to 8.00 pm. During this period, the SPA team is available for treatments.

From outside call **+43 5446-30 311**, from your suite just dial **31** or visit us at the SPA reception.

OUR PRODUCTS

We take pride in offering you only the finest and most luxurious products in our SPA. Our selection is based on our philosophy of organic health and wellness, caring for exactly what is applied to your body.

AQUA ORGANIC®

The ABC of healthy skin. Every letter stands for a specific application area and creates individual skin sensations ranging from cooling to warming and soothing to vitalizing. Honesty, balance and wholesomeness are the key values of our concept reflected in the award-winning the plain product design. Altogether the ever-growing line embodies the whole medicinal expertise with fluent skills in dermal multisensuality. Organic cosmetics of highest quality.

ALPIENNE®

The basis for the Alpienne label is the decades-long knowledge of the healing power from herbs. The production is resource-saving and sustainable with raw materials from the picturesque Kaunergrat nature park in Tyrol. The unique care products are created from highly concentrated and 100% herbal active substances.

HELDEN IN GRÜN® ESSENCES

Founded on the age-old Paracelsus tradition, these essences bring clarity, balance and vitality to the body and mind. Improve digestion, hydration, flush out toxins or increase concentration with these all-natural essences made with ingredients from the region.

MASSAGE RITUALS

TANNENHOFS INDIVIDUAL TOUCH

Relax and forget the world outside with this unique mix of various international massage styles. Take advice from your therapist and evaluate the priorities for your treatment. The precision of touch and the flow of this treatment will make it an unforgettable experience for you.

40 Min 95.00 €
60 Min 120.00 €
90 Min 150.00 €

WALDMEISTER

A warming footbath is followed by a refreshing leg and foot treatment, and an energetic body massage with fascia rolls. In addition to highly-effective sage, juniper berry, rosemary, and thyme oils, we use the very special phyto-powers of mosses, lichens, ferns, mistletoe, fungi, and herbs, which are great for muscles and joints and at the same time they provide the skin with a tremendous amount of moisture, elasticity, and regeneration.

90 Min 160.00 €

TANNENHOF LOMI LIKE

Holistic massage and mindful joint work revitalize and regenerate the entire body and nervous system. The lymph flow and blood circulation are harmonized with long and flowing massage movements and with heated body oil according to old Hawaiian tradition. The body's metabolic processes are stimulated, and deep relaxation is achieved on all levels.

90 Min 150.00 €
120 Min 180.00 €

SPORTS MASSAGE

Firm grip, loosening of the muscles that have been exercised, isotonic, essential oils combined with a gentle stroke. Your body will be fit again for the next day of skiing.

60 Min 110.00 €

HERBS COMPRESS MASSAGE

This wellbeing back-treatment is based on warm organic oils and herbal compress. The cotton bags are stuffed with different alpine herbs and are warmed in a steam bath. With soft pressure the muscles will be massaged in fluid motion alternating regularly between the herbal compress and the use of hands.

60 Min 150.00 €

FOOT MASSAGE

An invigorating foot bath with a peeling, as well as an intensive and at the same time very relaxing massage of the feet and calves, will make you feel wonderfully strengthened and refreshed.

45 Min 90.00 €

PEELINGS & SPECIALS

FULL BODY PEEL WITH BODY WRAP

A warming foot bath opens up a soothing full-body peeling with highly efficient active ingredient complexes from local herbs, ferns and moss, as well as a body pack

90 Min 160.00 €

DETOX TREATMENT

The basis of this treatment is the Zeolith rock, which is especially suitable for purification and detoxification. A detox process is activated in the body through specific massage techniques on the reflex zones of the body as well as with detoxifying pads on the feet.

The body is free from pollutants and toxins in this way and finally pampered with a soothing and relaxing massage.

90 Min 180.00 €

BEAUTY FOR HIM AND HER

LUXURIOUS MANICURE

The components of the manicure are peeling and mask forming your nails and cuticles. Your hands are pampered with a nourishing hand cream, peeled if desired, and the nails are varnished.

60 Min 85.00 €
+ nail polish 90 Min 95.00 €

LUXURIOUS MANICURE

Pamper your feet with an exclusive treatment. Enjoy the warm bath, herbs peeling and a relaxing massage of your feet. The nails will be varnished on request.

60 Min 95.00 €
+ nail polish 90 Min 105.00 €

LUXURIOUS FACIAL

We pamper, nourish and regenerate your skin with a treatment process tailored to your needs. The active ingredients of the care products are worked into the skin using special massage techniques. The treatment is then rounded off with a fine mask. The result of a recovered and radiant skin is already visible after the first treatment.

90 Min 245.00 €
**+ Golden Hydro Gel mask for
face and eyes 120 Min 285.00 €**

FACIAL TREATMENT FOR HER

Your skin is intensively cared for, energized and the moisture balance is sustainably improved. A regenerating facial treatment based on rose oil, rose hip oil and an innovative revitalizing complex. The unique moisture serum is worked in with the special rose quartz roller. Hydroactive eye and lip care and a renewing mask complete the treatment. The complexion shines authentic and beautiful.

60 Min 190.00 €

FACIAL TREATMENT FOR HIM

Your skin is gently cleansed and a high-quality power serum with rich hydrovital complexes of fern, moss and lichen provides an immediate boost of moisture. The skin is smoothed, firmed and revitalized. The serum is worked in with the aventurine roller and soothing eye pads ensure a clear view. This facial treatment can also be combined the Waldmeister massage.

60 Min 180.00 €
with Waldmeister massage 120 Min 300.00 €

FURTHER TREATMENTS

We are very pleased to offer in addition to our facial- and body treatment menu eyelash and eyebrow enhancement, colouring and shaping. Please contact our SPA team.

INFO

SPA ETIQUETTE

Bathrobe and slippers are supplied in your suite and in the changing rooms. Towels are available throughout the SPA area.

Please note that smoking is not permitted in the entire SPA area. For your own wellbeing and relaxation as well as in consideration of other guests, we kindly ask to switch off your mobile phone when entering the SPA.

Safety boxes are provided in your suite and in the changing rooms of our SPA. We recommend to use them for your valuables. However, we do not take liability for any loss or damage.

UPON REQUEST

If you like, we can organize massages performed in your suite. A surcharge of 40 percent applies. Feel free to book treatments outside our opening hours from 8:00 am to 8:00 pm. The surcharge is 30 percent.

CANCELLATION

We recommend arriving 10 minutes prior to your appointment. This allows you to grasp a feel for the SPA and begin to unwind for your treatment. If for any reason, you have to cancel your appointment, please do so at least 3 hours in advance. If you cancel later, we will charge 50 percent of the fee and in case of a no-show 100 percent of the treatment price. Please note that your treatment time will be shortened if you are late for your appointment.